

**ADDITIONAL EDUCATIONAL PROGRAM (MINOR)
« FUNDAMENTALS OF CLINICAL PSYCHOLOGY»**

For whom it is intended: Program (Minor) «Fundamentals of Clinical Psychology» is intended for students of all educational programs of the Major.

Relevance: Minor program "Fundamentals of clinical psychology". Clinical psychology is currently one of the most common psychological specializations in the world. Clinical psychology is one of the most prestigious and promising professions in the XXI century according to Forbes and Money magazines <https://moeobrazovanie.ru> professions_klinicheskiy_psiholog. The social significance of clinical psychology is also reflected in the fact that about 60% of Psychological associations in various countries of the world are clinical psychologists. This led to the choice of specialization: "Fundamentals of clinical psychology".

Justification: Fundamentals of clinical psychology is a broad specialization that allows a specialist to carry out practical and scientific research activities aimed at improving mental resources and adaptive capabilities of a person, at harmonizing mental development, health protection, prevention and overcoming illnesses, and psychological rehabilitation. One of the leading and most intensively developing areas of modern psychology. While mastering fundamental General psychological and clinical psychological disciplines, students are introduced to applied subjects dedicated to special aspects of their future profession. Special attention is paid to teaching various diagnostic methods and techniques of psychological influence. An important element of training is special workshops that are held directly on the basis of various medical and educational institutions

Purpose: Training of specialists-clinical psychologists to solve complex problems in the field of education, health care, and psychological assistance to the population.

Program Description:

7.The program (Minor) consists of 3 disciplines, each discipline has 5 credits, in total the student must master 15 credits.

8.The program (Minor) «Fundamentals of Clinikal Psychology» does not require pre-requisites.

9.The number of credits for obtaining a bachelor's degree remains unchanged at least 240 credits

Program content:

Name of the discipline	Description of the discipline	Teaching outcomes
Psychological aspects of suicidal behavior	The content of the discipline includes: Introduction to suicidology. Typology of suicides. Characteristics of those who commit suicide. Classification of suicidal behavior. Features of suicidal behavior in children and adolescents. Assessment of the probability of suicide. The therapeutic conversation in presitige. Talk on the phone in presitige. Conversation after a suicide attempt (post-suicide). Methods that reduce the level of aggression, negative emotional and traumatic experiences. Methods aimed at working with the crisis state of the	Projects programs of psychological assistance to victims of crisis/emergency situations, persons with deviant behavior, taking into account their socio psychological characteristics. Develops a plan of psychoprophylactic work to ensure the safety of mental and psychological health of the individual. Performs clinical and psychological diagnostics, psychotherapy and intervention for prevention,

	<p>individual. The reformation of negative beliefs. Search for internal and external resources. Techniques that activate resource States. Prevention of repeated suicides. Social unity and personal self-determination. Working with the family of a suicidal person. Medical and psychological cooperation.</p>	<p>treatment, rehabilitation and development using modern information technologies in professional activities. Simulates the psychological support of a person in various activities, taking into account the current social situation. Understands the social significance of the profession of psychologist, responsibly and efficiently performs professional tasks, observing the principles of professional ethics</p>
Modern cognitive behavioral psychotherapy	<p>The course content includes: Cognitive-behavioral worldview. Rational-emotional therapy of A. Ellis. A. Beck's cognitive therapy. Cognitive model of vocational counselling of D. Krumboltz. Cognitive-behavioral therapy D. Nicebaby. V. Glasser's reality therapy. Group behavioral and cognitive psychotherapy. Behavioral and cognitive psychotherapy in working with children and adolescents.</p>	<p>Projects programs of psychological assistance to victims of crisis/emergency situations, persons with deviant behavior, taking into account their socio-psychological characteristics. Develops a plan of psychoprophylactic work to ensure the safety of mental and psychological health of the individual. Performs clinical and psychological diagnostics, psychotherapy and intervention for prevention, treatment, rehabilitation and development using modern information technologies in professional activities. Simulates the psychological support of a person in various activities, taking into account the current social situation. Understands the social significance of the profession of psychologist, responsibly and efficiently performs professional tasks, observing the principles of professional ethics.</p>
Methods of pathopsychological diagnostics	<p>The course content includes. The problem of clinical and psychological research: approaches to solving in foreign and domestic areas. Theoretical and methodological foundations of pathopsychological diagnostics. General questions of conducting pathopsychological</p>	<p>Projects programs of psychological assistance to victims of crisis/emergency situations, persons with deviant behavior, taking into account their socio-psychological characteristics.</p>

	<p>research with subjects of different ages. Principles of qualitative analysis in pathopsychological research. Formation of a strategy for pathopsychological research. Methods of observation and conversation at different stages of pathopsychological research. Maintaining the Protocol of pathopsychological research. Methods of pathopsychological research: procedure, methods and parameters of data interpretation. Writing a pathopsychological conclusion: purpose and main points.</p>	<p>Develops a plan of psychoprophylactic work to ensure the safety of mental and psychological health of the individual. Performs clinical and psychological diagnostics, psychotherapy and intervention for prevention, treatment, rehabilitation and development using modern information technologies in professional activities. Simulates the psychological support of a person in various activities, taking into account the current social situation. Understands the social significance of the profession of psychologist, responsibly and efficiently performs professional tasks, observing the principles of professional ethics..</p>
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