

Kazakh National Women's Teacher Training University

“APPROVED”

**Member of the Management Board
- Vice-Rector of Research and
International Collaborations
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from “___” _____ 2024

PROGRAM

**for the adaptation of foreign students to the conditions and requirements of
the educational process at the Kazakh National Women's Teacher Training
University**

Almaty, 2021

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for the adaptation of foreign students to the conditions and requirements of the educational process at the Kazakh National Women's Teacher Training University

At the present stage, education is developing in the context of intercultural dialogue. Relations with universities around the world are developing, and the demand for high-quality educational services is increasing. The internationalization of education poses new challenges in the organization of the educational process. One of the main roles is beginning to be played by the adaptation of foreign students to the conditions of study and residence in the university environment of the Republic of Kazakhstan.

Despite the already existing social experience gained in his native country, the living conditions in the Republic of Kazakhstan are unusual for a foreign student. Students find themselves completely unsuited to the new social conditions of study and residence. The difficulties that arise in the process of adaptation of foreign students are largely caused by the lack of a set of social skills with which it would be possible to overcome specific culturally conditioned situations. Such difficulties include: lack of information about the country of residence, rules, norms of behavior in the new culture. These problems are universal for international students in any foreign-speaking country and may underlie violations of the process of intercultural adaptation. Therefore, an integral part of working with international students is information work and purposeful development of independent living skills at the university, the hostel, and the city as a whole. The implementation of the first direction can be achieved through the following activities within the framework of the program:

- familiarization of foreign students with the main provisions of the current legislation of the Republic of Kazakhstan;

- The Charter, structure, history and traditions of the University;

- rights, duties and rules of conduct in academic buildings and dormitories; - familiarization with places of leisure activities within the walls of the university.

The successful implementation of the program of socio-psychological support for the intercultural adaptation of foreign students is possible only if a number of conditions are met:

- creating conditions for the actualization of ethnic identity, stimulating the processes of ethnic and cultural self-determination;

- formation and development of tolerance of foreign students (respect for other ethnic groups, willingness to work together, exchange ideas and attitudes with representatives of Russian and other cultures);

–creation of conditions within which the level of negative characteristics of foreign students will gradually decrease, complicating the process of their intercultural adaptation (cultural shock, anxiety, cultural distance).

The adaptation of foreign citizens to new socio-cultural conditions is a fundamental factor determining, in most cases, the effectiveness of the educational process as a whole. The process of adaptation to a new socio-cultural environment takes place both within the framework of educational activities and during extracurricular activities, which helps to accelerate the adaptation process, as well as forms speech and socio-cultural competence.

The process of adaptation of foreign students to the educational environment of the university should be organized, purposeful, and comprehensive. An effective solution to the identified problems of adaptation to the educational process will ultimately contribute to the formation of a positive image of the country in the global intellectual and political community.

The purpose of the program is to facilitate the entry, development and formation of the personality of a foreign student in the educational space of the university.

The following tasks are the most specific and relevant:

1. Optimization of the learning process for international students;
2. Organization of social and psychological support and support for international students;
3. Promoting and organizing an environment of intercultural interaction at the university;
4. Development and implementation of plans and projects to promote social adaptation and socialization of foreign citizens.

№	Events	Proposals for the implementation of the event	Deadlines for execution	Responsible performers
1. Social adaptation				
1.1.	Organization of arrival and resettlement of first-year international students	1. Organized meeting of first-time foreign citizens. 2. Prompt resettlement of foreign students in the dormitories of Qyzpu	on arrival	Faculty

1.2.	Familiarization with the rules and requirements of the educational process at Kaznatszhenpu	<ul style="list-style-type: none"> - Conducting initial organizational meetings with foreign citizens in order to: - get acquainted with the structure of the university, youth organizations and - self-government bodies; - conditions and requirements of the educational process; - internal rules - the schedule. 	On arrival	International office, institutes, commandants of dormitories
1.3.	Organization of cultural and leisure activities of foreign citizens	<ol style="list-style-type: none"> 1. Organization of excursions for foreign citizens around the University, Almaty. 2. Involvement of foreign students in the cultural, leisure and sports life of the university, faculties, dormitories, and the campus as a whole. 	During the year	Faculties, commandants of dormitories
1.4.	Consultations with teaching staff, teachers on student issues	Discussion of problematic issues related to the academic performance of foreign students, their living conditions in dormitories, attendance at classes, individual problems and difficulties.	Regularly	Institutes, commandants of dormitories
1.6.	Assistance in the professional adaptation of international students	<ol style="list-style-type: none"> 1. 1. Participation of international students in research work, programs and projects of key international organizations, international conferences. 2. 2. Participation of international students in applied research. 	As needed During the year	Institutes Institutes
2. Psychological adaptation				
2.1.	Development and organization of activities aimed at the development of socio-psychological and personal competence of international students	<ol style="list-style-type: none"> 1. 1. Psychological counseling for international students. Individual and group counseling on the following issues: organization of educational activities, team building, team development, cohesion, organization of life, interpersonal relationships, self-knowledge, self-development, self-education, etc., as well as in crisis situations 	During the year	Institutes

		<p>2. 2. Pedagogical counseling. Individual and group conversations on the organization of educational activities, leisure, social problems, etc.</p> <p>3. 3. Conducting group training and familiarization events for international students (trainings, practical classes, living rooms, seminars, etc.) on adaptation problems, sessions, on the preservation and regulation of mental and physical health.</p>	<p>During the year</p> <p>During the year</p>	<p>Institutes, commandants of dormitories</p> <p>Commandants of dormitories, Department of Physical Culture and Sports</p>
2.2.	Language support of psychological and pedagogical activities	Language support of psychological and pedagogical activities in solving individual problems of foreign students.	As needed	International office
2.3.	Prevention of offenses and violations of the rules of residence in the hostel	1. Familiarization with the rules of living in a hostel, both in Russian and in English; 2. Organization of conversations, consultations, meetings with employees of internal affairs, lawyers.	As needed	International office, institutes, commandants of dormitories
2.4.	Organizing and maintaining contact with relatives of international students	1. Contacting relatives in problematic situations.	As needed	Institutes
3. Intercultural Adaptation				
3.1.	Formation of a tolerant attitude towards representatives of foreign countries, strengthening the spirit of internationalism in KNWTTU	<p>1. 1. Holding events reflecting national traditions, history and culture of students abroad.</p> <p>2. 2. Organization of meetings with representatives of Kazakh science and sports, culture.</p>	Regularly	Institutes, advisors
3.2.	Formation of a tolerant attitude of representatives of foreign countries to the mentality, culture and national psychology of the Republic of Kazakhstan	<p>1. 1. Organization of excursions in order to familiarize foreign citizens with the history, culture and traditions of the Kazakh people.</p> <p>2. 2. Organization of meetings with representatives of Kazakh</p>	<p>During the year</p> <p>During the year</p> <p>During the year</p>	<p>Department of work with students, Institutes</p> <p>International office , Scientific Library</p>

		politics, science and culture. 3. Organization of exhibitions of Kazakh literature.		
3.3.	Conducting classes with elements of training, practical classes, psychological living rooms	Organizing and conducting psychological and pedagogical measures for intercultural adaptation for diverse groups of students on the basis of dormitories and faculties.	During the year	Zhan Shuak
4. Intercultural interaction				
4.1.	Development and strengthening of a tolerant attitude towards representatives of foreign countries	Organizing and conducting conversations with Kazakhstani students about the traditions, customs and peculiarities of psychology of representatives of various foreign countries studying at the university.	During the year	International office, Department of work with Students,
4.2.	Conducting sports events	1. 1. The inclusion of foreign students in the sports teams of faculties at university 2. -wide competitions 3. 4. 2. Involvement of foreign students in the sports and recreation life of the university and the city.	During the year During the year During the year	Department of Physical Culture and Sports, deans, students' trade union committee
5. Monitoring				
5.1.	questionnaire	Conducting a survey on issues of socio-psychological adaptation, satisfaction with the educational process, social and household issues.	During the year	Department of work with Students, International office
5.2.	Assessment of academic performance of international students during the semester	1. 1. Assessment and analysis of the academic performance of foreign students in order to improve the effectiveness of the learning process 2. 2. Monitoring the attendance of foreign students	During the year	Institutes, advisors